

Experience the joy of yoga with Dr. Madan Bali, PhD

Change your fleeting moments of happiness into lasting ones – by training your body and mind through yoga. Yoga courses are conducted under the personal guidance of Dr. Madan Bali, who has been teaching since 1969, offering deep insight into various aspects of yoga and its application in everyday life. With his guidance, you will learn to live in peace, joy and harmony. Tap into the finest technology within.

EIGHT WEEK INTRODUCTORY COURSE – ONE SESSION PER WEEK – APPROX. 2 HOURS

Course Summary : Yoga asanas (postures) • Pranayama (breath control)
The art of Relaxation • Concentration • Meditation • Diet • Yoga philosophy

Individual therapeutic sessions are also offered by Dr.Bali and covered by insurance.

Learn more about our Teacher Training Certification, visit www.drballi.ca



REGISTRATION: (please print)

Mr. Mrs. Ms. Miss

First Name: _____ Last Name: _____

Address: _____

Tel: Res: () _____ Office: () _____ Cell: () _____

Email: _____ Age: _____ Occupation: _____

Pay total cost of 650\$ + tx. (\$747.00) and receive a \$50 discount.

Pay in 3 instalments of \$249 (dd/mm/yyyy): _____ | _____ | _____

Payment Method: Cash Cheque

Signature _____ Date _____

Disclaimer: Dr.Bali, Yoga Bliss and its associates will not be held responsible for any loss or physical disability, in any way, resulting from or during this course. Yoga Bliss and its associates have the right to change the course hours, contents, course fees and to include or delete some aspects of the program if necessary without prior notification. Course fees are non refundable.